

PROFESSIONAL DISCLOSURE STATEMENT

Holly M. Workman, MA, LPC, NCC, CFMHE, NCC

8040 Ortonville Rd

Clarkston, MI 48348

Licensed Professional Counselor

Description of Practice:

I have a full-time practice working with children, adolescents, and adults on an individual, conjoint, or family basis for a variety of concerns. My counseling approach is Cognitive-Behavioral in nature focusing on the “here and now” and present-oriented theories. I am very open and utilize an aggressive approach to counseling often assigning homework assignments, which are encouraged to be worked on. My specialty is working with those who suffer from depression as my background in research supports this. My special interests are family and couple counseling.

Education and Experience:

My Master’s degree in Counseling was granted by Oakland University in 1999. My undergraduate: B.A.-psychology, Alma College, 1995 with an emphasis on researching major depression. I am recognized as a National Certified Counselor, a Certified Forensic Mental Health Evaluator, and a Certified Child Custody Evaluator. I have worked within the community mental health field until 2000 at which time I entered into private practice. I began working as a mental health technician and moved on to become a case manager on an assertive community treatment team in Oakland County working with adults identified as chronically mentally ill. I have a solid training background on dealing with anxiety, major depression, and suicide. I served as a Police Service Officer for the Auburn Hills Police Department in Auburn Hills, MI for four years. I gained excellent crisis intervention skills and a better understanding of the criminal mind.

There is a \$200 fee for an initial assessment and a \$200 fee for subsequent 53+-minute sessions. Fees are adjusted according to the insurance rate. A sliding fee scale is sometimes negotiated with administration. You are responsible for those charges that your insurance does not cover the day services are rendered. If there is a need to cancel an appointment, a 24-hour notice must be given (248)760-5530 or you will be charged for the full session. Emergency cancellations are handled on an individual basis. In addition to weekly appointments, I charge \$200 per hour for other professional services you may need, though we will break down the hourly cost if we work for less than an hour. Other services include report writing, telephone conversations lasting longer than 10 minutes, consulting with other professionals with your permission, preparation of records or treatment summaries, and the time spent performing any other service you may request of me. If you become involved in legal proceedings that require my participation, you will be expected to pay for all of my professional time, including preparation and transportation costs, even if I am called to testify by another party.

The State of Michigan regulates my license to practice:

Michigan Department of Consumer and Industry Services

Complaint and Allegation Division

P.O. Box 30670

Lansing, MI 48909

(517)373-9196